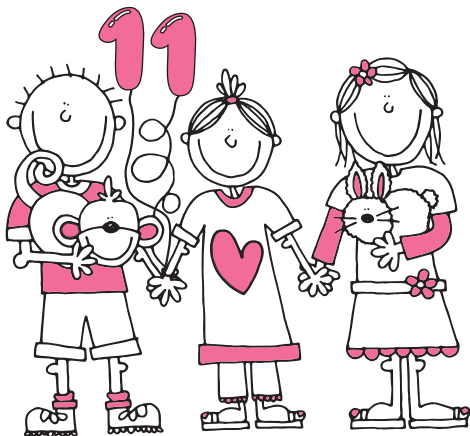




**11<sup>th</sup> Annual Hope in Grace  
Family Fun Run/Walk  
May 16, 2020 at 2:00 pm  
Lakeside Commons Park  
Blaine, MN**



**Help us continue our quest to support  
pediatric cardiology research**

**2pm** Registration, Children's Activities & Silent Auction

**3:15pm** 5K run/2 mile walk

**Questions or comments?  
jaclyn@hopeingrace.org or 763-785-6919  
Visit our website at [www.hopeingrace.org](http://www.hopeingrace.org) for  
current information and details on our event,  
including additional ways to register and  
donate.**

**Registration Form**

*Participation for child (12 years and younger) is INCLUDED with the registration of a supervising adult. Please record only adult participant names on registration form. Children's T-shirts are not included in the registration but can be purchased for \$15 each.*

Adult Participant Name(s): \_\_\_\_\_

*Adult T-shirt sizes: S-XXL*

- 1) \_\_\_\_\_  
Preferred T-shirt size: \_\_\_\_\_
- 2) \_\_\_\_\_  
Preferred T-shirt size: \_\_\_\_\_
- 3) \_\_\_\_\_  
Preferred T-shirt size: \_\_\_\_\_
- 4) \_\_\_\_\_  
Preferred T-shirt size: \_\_\_\_\_

Contact Phone Number \_\_\_\_\_

Email \_\_\_\_\_

Minimum donation before May 1:

\$30/adult (T-shirt included).

After May 1-day of event registration:

\$35/adult (T-shirt while supply lasts).

Additional T-shirts needed:

Youth: XS \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

Adult: S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_

Total Quantity \_\_\_\_\_ x \$15 = \_\_\_\_\_

TOTAL Donation Amount \$ \_\_\_\_\_

I'd like to donate, but won't be able to  
attend/participate in the event: \_\_\_\_\_

Please make checks payable to: **Hope in Grace**

Mail check and registration form to:

**Hope in Grace  
PO Box 490581  
Blaine, MN 55449**

**LIABILITY WAIVER**

By indicating your acceptance, you understand, agree, warrant and covenant as follows:  
Hope in Grace Family Fun Run Waiver and Release ASSUMPTION OF RISK AND WAIVER OF LIABILITY I understand that there is an inherent risk of injury, whether caused by me or someone else, in my participation in the Hope in Grace Family Fun Run (the "Event") and/or presence at the Event. This risk includes, but is not limited to: 1) Injuries arising from participation in supervised or unsupervised activities and programs at the Event or related to the Event, to the extent sponsored or endorsed by Hope in Grace; 2) Injuries arising from the use of any equipment, including any accidental or "slip and fall" injuries; 3) Injuries or medical disorders resulting from exercise, including, but not limited to heart attacks, strokes, heart stress, sprains, broken bones and torn muscles or ligaments; and 4) Injuries resulting from the actions taken or decisions made regarding medical or survival procedures. I understand and voluntarily accept the risk. I agree to specifically assume all risk of injury, whether physical or mental, as well as all risk of loss, theft or damage of personal property while present at the Event. I waive any and all claims or actions that may arise against Hope in Grace, as well as its directors and/or volunteers as a result of any such injury, loss, theft or damage to any such person, including and without limitation, personal, bodily or mental injury, economic loss or any damage resulting from the negligence of Hope in Grace or anyone else participating in the Event. If there is any claim by anyone based on any injury, loss, theft or damage that involves me, I agree to defend Hope in Grace against such claims and pay Hope in Grace for all expenses relating to the claim, and indemnify Hope in Grace for all obligations resulting from such claims. I certify that I have not been advised against participating in the Event or a similar level of activity by a qualified health professional. I voluntarily agree to and accept this Assumption of Risk and Waiver of Liability.

\_\_\_\_\_  
Signature of Registrant

\_\_\_\_\_  
Date